

# Family Support Systems Workshop

*For families, friends & support networks · one half-day*

Compassionate education built for families, friends, and support networks — the people reintegration actually depends on, and the most underserved audience in reentry.

## What attendees learn

- Understand the impact of post-incarceration trauma — why a loved one came home different
- Recognize PICS symptoms in loved ones across all five syndromes
- Navigate difficult conversations with scripts and strategies that keep them from becoming fights
- Build healthy, sustainable relationships — boundaries that protect the relationship and the family

## Why hosts bring it to their community

- Reintegration succeeds or fails at home — supporting families multiplies every other reentry investment
- A high-goodwill community event: BCMM delivers all content and facilitation
- Attendees leave connected to BCMM's free weekly support group and family resources

### AT A GLANCE

#### DURATION

1 day · 4 hours

#### CAPACITY

Limited to 50 participants

#### INCLUSIONS

PICS Workbook · light snacks

#### DELIVERY

Community venues, congregations, hospitals · virtual available

#### INVESTMENT

**\$3,500 (free to families when sponsored)**

### Funding & sponsorship

Hospitals, congregations, foundations, and employers frequently host or sponsor these sessions as community programming. Sponsored workshops are presented free to families under the sponsor's name, with attendance reporting provided. Sponsorships are tax-deductible through Urban H2O Foods, BCMM's 501(c)(3) fiscal partner.

### Transform Lives & Build Stronger Communities

Seats are highly limited — reserve a workshop package today to guarantee placement and certification access.